

ROZA KYA HAI?

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بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِیْمِ

Roza asal mein Persian language ka lafz hai , Urdu mein bhi ise roza kahte hain. (Firozullughaat:727, Lughat-e-kishori:335)

Roze ko Arabic mein "sawm" kahte hain,jiske asl maana "rukne" ke hain,chahe iska talluq khane peene se ho,ya chalne phirne se ya baat cheet se.(Mufradaul Qur'an:324)

Shari'at ki istilaah me khane-peene aur mubasharat (sex) karne se ruke rahne ka naam "ROZA" hai , is shart ke saath ke woh subah sadiq se lekar guroob-e-aftaab tak musalsal ruka rahe, aur niyat bhi roze ki ho. Isiliye agar ghuroob-e-aftaab se ek minute pehle bhi kuch kha-pee liya to roza nahi hoga, isi tarah agar tamam cheezon se parhamat Allah عليه السلام se to poore ehtiyat se kiya,magar niyat roze ki nahi ki, to bhi roza nahi hoga.(Ma'ariful Qur'an:1/386)

ROZE KI FAZEELAT

Roze ke beshumar fazail aye hain, yanha mushtasaran arz kiya jata hai :

Hazrat Abu Huraiara Rz. Se riwayat hai; Rasoolullah ﷺ ne irshad farmaya:

Roza (Allah ke dushman yani shaitan la'een se) dhal hai, isliye (roza daar) na behooda baatien kare aur na jahilana kaam. Agar koi shakhs use ladayi jhagda kare ya bura bhala kahe, to use kah de ke main roze se hun. Us zaat ki qasam! Jis ke qabze mein meri jaan hai, roze daar ke munh ki boo (smell) Allah ta'aala ke nazdeek mushk ki khushboo sy zyada pasandida hai-o-pakeeza hai. (Allah ta'aala farmate hain) Banda apna khana peena aur shahwaat, sab mere liye chhodta hai. Roza mere liye hai aur main hi iska badla hun.(Bukhari:1894,Muslim:1151)

Hazrat Abdullahbin umar rz se riwayat hai; Rasoolullah ﷺ ne irshad farmaya:

Roza aur Qur'an; dono qayamat ke din bande ki sifarish karenge. Roza kahega: Aey Rabb! Meri wajah se din mein is bande ne khana peena chhode rakha aur shahwat se ruka raha, meri sifarish qubool

farmaiye. Qur'an kahega: Meri wajah se ye raat ko sone se ruka raha, iske haq mein meri sifarish qubool farmaiye. Allah ta'aala in dono ki sifarrish qubool farma lenge.(Musnad Ahmed Ibn-e-Hambal:6626,Attargheeb:195)

ROZE KA HUKM

Qur'aan-e-kareem mein Soorah Baqarah:183, main Allah Tabarak-o-ta'aala irshaad farmate hain:

Momino!tum par roze farz kiye gaye hain, jis tarah tum se pehle logon par farz kiye gaye the, taake tum paرحمة الله عليهjezgaar bano.

Ek aayat me farmaya:

Tum me se jo koi is (Ramazaan ke) maheene me maujood ho, use chahiye ke poore maheene ke roze rakhe.(Soorah Baqarah:185)

Isliye ramazaan ke roze har mukallaf insan par, jisme roza rakhne ki taqat-o-istitaa'at ho adaa'an-o-qazaa'an farz hai. (Sharah Wiqaya: 1/242)

Roze ki farziyyat me ummat ka ijmaa hai aur huzoor ﷺ ke zamaane se aaj tak ahl-e-islam mein se kisi ne iska inkar nahi kiya. Isliye ye ummat ki musallima baat hai aur iska inkaar karne wala kaafir hai. (Hidaya:1/127, Badayeuss sanaye:2/210, Al majmoo:2/1400, Al mughni:1/592, Al ibadat fil islam:6/2508, al fiqhu ala mazahibil araba:1/301)

ROZE KI NIYYAT

Ramazaan shareef aur Nazr-e-mu'ayyan aur sunnat aur nafl roze ki niyyat raat se kare, ya subah ko aadhe din se pehle-pehle tak, dono tarah jaa'iz hai. Din se muraad share'ee din hai, jo subah sadiq se guroob-e-aftaab tak ka naam hai.(Fatawa Alamgeeri:1/195)

Eg:- Agar 4 baje subah sadiq aur 6 baje guroob-e-aftaab ho to shara'ee din 14 ghante ka hua, aur aadha din 11 baje hua to, subah 11 baje se pehle-pehle niyyat kar leni zaroori hai.(Taleemul islam:4/40-41)

Ye bhi khayal rahe ke Ramazaan me har roze ki alag-alag niyyat karna zaroori hai, tamam rozon ke liye shuru ramazaan mein ek sath ki hui niyyat kafi na hogi. (Fatawa rahimiyah:2/15 qadeem, Fatawa sirajiyah:160)

Niyyat ke liye zaban se alfaaz kahne ki zaroorat nahi hai balke sirf dil se irada kar lena kafi hai, yaha tak ke roze ke liye sehri khaana bhi niyyat ke barabar qaraar diya ja sakta hai. (Jawahirul fiqh:1/378)

ROZE KI SUNNATEIN AUR MUSTAHIBBAT

- Sehri khaana.(Bukhari:1923, Qazi khan:1/204)

- Sehri der se khana , kyunki isme roza rakhne par madad milti hai, isliye sehri khane mein der karna mustahab hai, jab tak ke sehri ka waqt rahne me shak na ho.(Aalamgeeri:1/204)
- Roze ki niyat zabaan se bhi karna.(Aalamgeeri:1/195)
- Roza iftaar karne mein jaldi karna, jabke sooraj ghuroob hone ka yaqeen ho jaye aur koi shak baqi na rahe. (Tirmizi:700,Khaniyah:1/204)
- Khajoor se iftaar karna mustahab hai, aur unka taaq adad (1 ya 3 ya 5) hona bhi mustahab hai, agar ye na ho to phir kisi aur meethi cheez se iftaar karna mustahab hai aur agar koi meethi cheez bhi na ho to paani se iftaar karna mustahab hai.(Attafseerul muneer:1/179)
- Iftaar ke waqt ye dua padhna.(Abu dawood:2385)
 اللهم لك صمت و على رزقك افطرت
 Aey Allah! Maine aapke liye hi roza rakha aur aap hi ke (diye hue) rizq se iftaar karta hun.
- Apne tamaam aaza yaani Aankh, Kaan, Zabaan etc. ko gunahon se bachaana.
 (Bukhari:1904,Muslim:1151)

ROZE KE MAKROOHAAT

Bina uzr Kisi cheez ka chakhna ya chabaana, albatta agar Kisi aurat ka shauhar badmizaaj ho aur khaana kharaab hone par uske gusaa hone ka andesha ho to, use khane ka namak zaban (ki nok) par rakh kar chakhne ki ijazat hogi. Isi tarah chote bachche ko roti chabaakar khilane ki zaroorat ho aur rozedaar aurat ke alaawa koi is zaroorat ka poora karne wala wahan maujood na ho to woh use chabaakar de sakti hai. Lekin; ye ehtiyaat rahna chahiye ke roti chabaakar khilane mein ya namak wagaira chakhne me koi hissa halak ke neech na utarne paaye warna roza jata rahega.(Fatawa shami:3/352)

- Roze ki haalat mein toothpaste istemaal karna, koyla ya koi manjan daanton mein malna ya aurat ka is tarah hont par surkhi lagaana ke uske pait me chale jaane ka andesha ho.(Fatawa shami:3/352)
- Roze mein biwi se dil lagi karna bhi makhrooh hai , jab ke jimaa ya inzaal khauf na ho.(Fatawa Shami:3/353, Alamgeeri:1/200)
- Har esa kaam karna, jis se itna kamzor ho jane ka andesha ho, ke roza tod dena padega.(Fatawa Shami:3/357)
- Naak me paani chadhaane aur kulli karne mei mubalgha karna.(Tirmizi:788, Alamgeeri:1/200)
- Sehri mein itni der karna ke waqt me shak paida ho jaye.(Fatawa Alamgeeri:1/201)

- Nahaane ki haajat ho jaaane par subah sadiq ke baad tak jaan – boojhkar ghusl (bath) delay karna.(Fatawa Alamgeeri:1/200)
- Beqaraari aur ghabraahat zaahir karna.(Taleemul islam:1/74)
- Munh me thook jama karke nigalna.(Fatawa Alamgeeri:1/199)
- Roze ki haalat me kisi bhi qism ke gunaah ka kaam karna, chahe uska talluq kahne se ho ya karne se. (Bukhari:1903)

ROZE KE MUBAHAAT

Yaani WOH baatein Jin se roza nahi tootta; ye hain:

- Bhool kar khaana-peena ya jimaa karna (jabke aisa karte waqt ye yaad na ho ke mera roza hai). (Bukhari:1933,Muslim:1115,Fatawa Alamgeeri:1/203)
- Miswaak karna, chahe taazi jad ya tar shaakh (branch) ki ho.(Abu dawood:2363, Musnad-e-bazaar:3813)
- Surma lagaana.(Abu dawood:2378,Musannaf ibn-e-shaibah:9272)
- Aankh me dawaa dalna. (Fatawa darul uloom:6/408, Jawahirul fiqh:1/379)
- Khusshboo soonghna.(Umdatul fiqh:3/293)
- Injection lagwana.(Jawahirul fiqh:1/379,Fatawa darul uloom:6/408)
- Zaroorat ke mutabiq glucose chadhwana.(Aapke masa'il aur unka hal:3/288,Kitabul fatawa:3/391-392)
- Khoon test karwana.(Aapke masa'il aur unka hal:3/289)
- Khud se, munh me makkhi ya dhuwan chala jana.(Durr-e-Mukhtar:3/327)
- Kaan me khud se paani chala jaana.(Bazzaziyah:4/98)
- Khud se qai (vomiting) ho jana.(Fatawa alamgeeri:1/200)
- Ehtilaam ho jana.(Al jawhiratunnayirrah:1/167)
- Daant se khoon nikalna, jabke pait me na jaye.(Fatawa shami:3/328)
- Aise shakhs ka apni biwi se dil lagi karna jise hambistari ka andesha na ho.(Alamgeeri:1/200)
- Mazi nikalna.(Tatar khaniyah:2/371)
- Chane ki size se kam koi cheez munh se nikale bagair nigal jaana jabke woh munh mein phansi rah gayi ho.(Fatawa alamgeeri:1/202)
- Aansoo ya chehre ka paseena 1-2 boond, khud se munh me chala jana.(Alamgeeri:1/203)
- Kaan ka mail nikaalna.(Maraqiyul falah:240)
- Naak ko itni zor se sudakna ke halaq me chali jaye.(Fatawa alamgeeri:1/203)
- Thodi si qai aakar khud hi halaq me laut jana.(Fatawa alamgeeri:1/204-205)
- Dakaar ke sath munh me paani aana.(Fatawa alamgeeri:1/203)
- Sar me tail lagaana ya badan par tail malna.(Umdatul fiqh:3/186)
- Sar par roomal bhigo kar rakhna. (Fatawa shami:3/356)

WOH BAATEIN JIN SE

ROZE KI SIRF QAZA WAJIB HOTI HAI

- Dawaa ya paani ki bhaap ka bhapara lena ya inhelar ka istemal karna.(Fatawa shami:3/327,Jadeed fiqhi masa'il:1/187-188)
- Agarbatti ka dhuwan naak yam unh me dakhil karna.(Fatawa shami:3/327)
- Roze ki haalat me dard ka capsule halaq me dalna.(Fatawa shami:3/366)
- Jaan boojh kar munh bhar kar qai karna.(Fatawa shami:3/350,Binayah:4/51)
- Qai thodi si aaye to usko jaan-boojkar lauta lena.(Fatawa alamgeri:1/204-205)
- Nakseer phoot kar khoon naak se halaq me chala jana.(Fatawa shami:3/366)
- Munh me is tarah paan daba kar so jaana ke subah ho jaye.(Imdadul fatawa:2/130)
- Roza yaad hone ki halat me kulli karte waqt halaq mein paani chala jaana, ya naak mein paani dalte waqt andar chala jana.(Fatawa shami:3/334)
- Naak ya kaan mein tail daalna.(Fatawa alamgeeri:1/204)
- Kisi galti ya dhamki ki wajah se roza tod dena.(Fatawa alamgeeri:1/202)
- Patthar ki kankari ya be faayeda mitti khaana.(Fatawa alamgeeri:1/202)
- Naak ya kaan mein dawaa daalna.(Fatawa alamgeeri:1/204)
- Masoodhon ka khoon halaq me chala jana.(Fatawa shami:3/328)
- Roze ki halat me huqqa ya bidi-cigarrette peena.(Fatawa shami:3/327)
- Biwi se bos-o-kinaar ki wajah se inzaal ho jaana.(Fatawa shami:3/338-339)
- Qasdan roza tod dene ke baad beemar ho jaana ya aurat ko haiz aa jaana.(Fatawa shami:3/348)
- Kisi aurat ke sath agar zabardasti sex kiya gaya to us aurat par sirf qaza wajib hogi kaffara nahi.(Fatawa alamgeeri:1/205)
- Pait ki saafai ke liye peeche ke raaste se dawaa chadhaana e.g: "Enema" etc.(Tatarkhaniyah:2/365)
- Roze ki haalat mein aurat ka apni sharmgaah me koi dawaa dalna.(Umdatul fiqh:3/193)
- Kisi lady doctor ka kisi aurat ki sharmgaah mein geela ya dawaa lagakar, haath dalna.(Fatawa alamgeeri:1/204,Jadeed fiqhi masa'il:1/183)

WOH BAATEIN JINSE ROZE KI QAZAA KE SAATH KAFFARAH BHI WAJIB HOTA HAI

Roza yaad hone ki haalat mein agar koi mukallaf shakhs ramazaan me jaan boojh kar bina kisi ishtibaah ke koi dil pasand giza ya nafa dene wali dawaa khaa-peekar ya jimaa karke roze ko tod de to uspar qazaa aur kaffarah dono laazim hote hain.Agar kisi ne bhool kar koi aisa kaam kiya jis se roza nahi tootta aur

phir is khayaal se, ke roza toot gaya, jaaan-boojhkar iftaar kar liya, to us par qazaa aur kaffarah dono laazim honge.(Fatawa alamegeeri:1/20-206, Qazi khan:1/212)

ROZE KA KAFFARAH

Roze ka kaffarah ye hai ke, agar ghulam (slave) ho to usko aazaad kar de, agar ghulam na ho to 2 mahine ke lagataar roze rakhe, aur iski bhi taaqat na ho to 60 miskeeno ko 2 waqt pait bhar kar khaana khilaaye, ya har ek ko nisf SAA (1 kilo,574 grams,640 mg) gehoon ya iski qeemat de.(Al awzanul mahmoodah:105)

Agar lagataar roze rakhne mein kisi wajah se bhi iftaar kar liya, toh phir se musalsal (continue) 60 roze rakhe,albattaagar aurat par kaffarah laazim ho jaaye to uske maahwaari (periods) yaani napaaki ke din uzr samjhe jayenge aur in dino mein roza na rakhne se uske tasalsul (continuity) par koi farq nahi padega, magar paaki ke baad fauran roze musalsal rakhne honge.(Noorul izaah:146-147,Tahtawi:670)

kai roze todne ka kaffarah ek hi hai, chahe ek hi ramazaan ke roze tode hon (ya kai ramazaan ke).Lekin kaffare ke rozo mein der na karna chahiye, chahe hifz-e-qur'aan aur ilm hasil karne me harj laazim aaye.(Noorul izaah:146)

ROZE KA FIDYAH

Jo shakhs aisa boodha ho gaya ho ke roza rakhne ki taaqat nahi rahi aur ye ummeed bhi nahi ke mustaqbil (future) me roze ki qazaa kar sakega, ya aisa beemar hua ke roza rakhne ki ummeed bhi nahi rahi, aur ab achche hone ki ummeed nahi rahi to aisi haalat me roze ka fidyah de de, yaani uski qeemat ke barabar kapde ya deenee kitaben wagairah kisi mushtahiq (jisko zaaat lena durust ho) ko de de.Fidyah ada karne ke baad maut se pahle roza rakhne ki taaqat hasil ho gayee to roze ki qazaa zaroori hogi.(Fatawa sirajiyah:167)

Kai rozo ka fidyah ek hi shaksh ko ek tareekh mein dena bhi durust hai.(Durr-e-mukhtar:3/410)

Agar kisi ko fiyah ada karne ki bhi wus'at na ho to woh bas istighfaar kare aur dil me ye niyyat rakhe ke jab ho sakega ada kar doonga.(Ma'ariful qur'an:1/390)